

Antioxidant Protective Effect of *Newbouldia laevis* on Hepatotoxicity in Alloxan-Induced Diabetes in Rats

Jane Ngozi Okafor^{1,*}, Ochuko Lucky Erukainure¹, John Adebayo Ajiboye²,
Michael Obi Etoamaihe³, Ijeoma Lynda Eboagwu¹, Sunday Oluwaseun Adenekan⁴

¹Nutrition and Toxicology Division, Federal Institute of Industrial Research, Oshodi Lagos, Nigeria

²College of Natural and Applied Sciences, Bells University of Technology, Ota, Nigeria

³Analytical Division, Federal Institute of Industrial Research, Lagos, Nigeria

⁴Department of Biochemistry, University of Lagos, Lagos, Nigeria

Email address:

zikaokee@yahoo.com (J. N. Okafor)

*Corresponding author

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Abstract: Due to some undesirable secondary reaction of synthetic drugs, natural products and plants with medicinal properties are been exploited in controlling and treating many chronic diseases including diabetes. Oxidative stress has a major effects in diabetes and the difficulties associated with it including hepatotoxicity. *Newbouldia laevis* is a traditional medicinal plant known to possess antimicrobial, anticonvulsant, sedative, analgesic, anti-inflammatory and antidiarrheal properties. However, there is scanty information on its utilization in diabetes management. This investigation was carried out to determine the potentials of aqueous ethanolic extract of *Newbouldia laevis* leaves to protect hepatic tissues of rats from diabetes caused by oxidative stress and hepatocellular injury. Diabetic condition was effected in rats by single intraperitoneal injection of alloxan. Rats were slaughtered by cervical dislocation after administration of *Newbouldia* leave extracts at dose of 200 and 400 mg/kg bw for 21 days. Hepatic tissues were analysed for catalase, superoxide dismutase (SOD) and glutathione (GSH) activities, lipid peroxidation, lipid profile and protein content were also evaluated. Alkaline phosphatase (ALP), aspartate aminotransferase (AST) and alanine aminotransferase (ALT) which are hepatic biomarkers were analysed in the blood serum. Significant reduction ($p < 0.05$) of GSH, catalase, and SOD activities were effected by diabetes induction, also rise in hepatic biomarkers and lipid peroxidation was observed. Treatment with extract at 200 mg/kg caused significant ($p < 0.05$) increased activities of the studied antioxidant biomarkers and reduced lipid peroxidation. It also led to a reduced activity of hepatic biomarkers. These results shows antioxidant protective properties of *N. laevis* leaves against rise in oxidative stress and hepatocellular injury in diabetic rat's hepatic tissues at lower dose, indicating that the extract may possess antioxidant activities in diabetics.

Keywords: Antioxidant, Diabetes, Hepatic Biomarkers, Hepatocellular Injury

1. Introduction

Diabetes has been reported as a chronic ailment that exert influence on carbohydrate, protein and fat metabolism. This has been ascribed to insufficient insulin secretion for type 1 diabetes (T1D) and insulin insensitivity for type 2 diabetes (T2D). It is characterized by hyperglycemia which results to a number of problems that include retinopathy, nephropathy,

steatosis, neuropathy, and damage to cerebral artery's microvascular [1]. This diabetic problems are greatly caused by rise in production of reactive oxygen species (ROS) [2]. Oxidative stress is the outcome of the variations in the body that favors' the production of free radicals over the body's antioxidant activities [2]. Hyperglycemia likewise diminishes or damages the internal antioxidant protection/security arrangement in some manner during diabetes [3]. These

antioxidant defence procedure require both enzymatic and nonenzymatic action plan and defend/guard the body against free radicals. When disparity is created between endogenous antioxidants and free radical produced in the body, oxidative stress set in as a result of increased free radicals in the system [4]. *Newbouldia laevis* is amongst the many medicinal plants employed in traditional medicine for treating and taking care of various sicknesses such as stomach ache, breast cancer, constipation, malaria and diabetes mellitus. It is a medium sized angiosperm and member of the *Bignoniaceae* family, it is frequently referred to as African border tree and also known as fertility tree [9]. The antimicrobial activities of various fragments of the plant have been investigated in a number of research [10-12]. Its sedative effect in mice and rats has also been documented [13]. Its usefulness in the management of convulsion in children has been shown [14]. The ability of aqueous extract of the Stem Bark of *Newbouldia laevis* to prevent malaria in Mice infected with *Plasmodium berghei* has been shown, its acute toxicity and potentials to prevent plasmodium documented [15, 16]. Similarly, the ameliorative effect of *Newbouldia laevis* in Cadmium-induced ovarian dysfunction [17], and the antihyperglycaemic activity of *Newbouldia laevis* leaf water extracts have been investigated [8]. The antisickling and anticancer effects has also been documented [18, 19]. This study aims at evaluating the ability of aqueous ethanolic extract of *N. laevis* leaves to protect hepatic tissues and hepatic biomarkers in diabetic rats from diabetes induced oxidative stress.

2. Materials and Methods

2.1. Plant Material Collection and Drying

Fresh leaves of *Newbouldia laevis* were plucked from a farm in University of Nigeria, Nsukka. The plant was botanically authenticated by Botanist at Plant Science and Biotechnology Department and a Voucher specimen (UNNHNO340B) was deposited in the herbarium of the University of Nigeria, Nsukka, Enugu State, Nigeria. The leaves were spread and allowed to air dry to a constant weight and pulverized with an electric grinder (Kenwood, Model BL335, Taiwan, China), packed and sealed in plastic bags for further use.

2.2. Extraction of Plant Samples

The pulverized *Newbouldia laevis* leaf (50 g) was extracted by cold maceration with 1000 mL aqueous ethanol (50:50) maintained on a mechanical shaker (Lab-line Orbit, Environ-Shaker, Lab line instrument, Melrose Park IL USA) for 48 h. The resulting extract was filtered through Whatman's No 1 filter paper and centrifuged at a speed of 6000 x g for 30 min at 4°C (Beckman Coulter Avanti J-E centrifuge, USA) and further concentrated by evaporation under pressure in a rotary evaporator (Buchi, Brinkman N Instrument, Westbury, N. Y, USA) at 40°C to remove residual

ethanol. The concentrated extract was frozen at -80°C and freeze dried using a freeze dryer (Labconco- Virtis Company, Gardiner N. Y, USA) to obtain a powdered extract.

2.3. Animals use in Experiment

Forty two male albino rats of Wister strain weighing about 150 – 200 g were used for the study. They were fed on standard rat pellet diet and allowed to adapt for one week. They were provided water *ad libitum* and maintained under standard laboratory conditions of natural photo period of 12-hr light - dark cycle. The study was carried out in accordance with the National Institute of Health Guidelines for the Care and Use of Laboratory Animals and was approved by the Animal Ethical Committee, Bells University of Technology, Ota, Ogun State, Nigeria.

2.3.1. Induction of Diabetes

Diabetes was induced by a single intraperitoneal injection of 180 mg/kg of alloxan monohydrate in normal saline water in a volume of about 3 mL. After 72 hours of alloxan injection, rats with serum glucose level above 300mg/dl were considered as diabetic [20] and were separated and used for the study.

2.3.2. Experimental Design

The rats were divided into seven groups, each consisting of six animals.

- Group 1 – Normal rats + Pelletized rat chows
- Group 2 – Diabetic (Untreated)
- Group 3 – Diabetic + commercial drug (15.5 mg/kg bw)
- Group 4 – Diabetic + *N. laevis* aqueous extract (200 mg/kg bw)
- Group 5 – Diabetic + *N. laevis* aqueous extract (400 mg/kg bw)
- Group 6 – Normal rats + *N. laevis* aqueous extract (200 mg/kg bw)
- Group 7 – Normal rats + *N. laevis* aqueous extract (400 mg/kg bw)

The rats were monitored daily for food and water intake, and body weight. Blood glucose levels of the rats were monitored on weekly basis with a glucometer. Treatment lasted for 21 days. At the end of experiment, the rats were fasted overnight and sacrificed by cervical dislocation.

2.4. Preparation of Tissue Homogenates

The organs (liver) were removed, rinsed in ice-cold 1.15% KCl solution to wash off excess blood, blotted dry with filter paper and weighed. They were homogenized in four parts of homogenizing buffer and centrifuged at 10,000 rpm for 15 min in an ultracentrifuge at a temperature of -2°C to get the mitochondrial fraction. The supernatant (post-mitochondrial fraction) was decanted and stored at -4°C for subsequent analysis. Each time the supernatant was outside the freezer, it was kept in ice bags.

The protein content of the tissue fractions of the organs were determined by Lowry's method using bovine serum albumin (BSA) as standard [21].

2.5. Determination of Oxidative Stress Parameters

Lipid peroxidation was determined by measuring malondialdehyde (MDA) formed by thiobarbituric acid reaction (TBAR) [22]. Catalase (CAT) activity was estimated by measuring the rate of decomposition of H₂O₂ [23]. The level of superoxide dismutase (SOD) activity was determined by the method of Misra and Fridovich [24], while the method of Ellman [25] was adopted in estimating the activity of reduced glutathione (GSH).

2.6. Serum Preparation

Blood was collected with a 5 ml syringe and needle by cardiac puncture and was centrifuged at 3000 x g for 10 min and the serum was analysed to evaluate some biochemical parameters.

2.7. Biochemical Parameter Assays

Enzymatic colorimetric method was used in determining hepatic and renal enzyme activities using a Randox kit which covers alkaline phosphatase (ALP), Aspartate aminotransferase (AST) and Alanine aminotransferase (ALT) according to the method of Amanvermez [26].

2.8. Statistical Analysis

To address the biological variability, each set of experiments was repeated at least three times. Differences between the groups were analysed by one-way analysis of variance (ANOVA) with the aid of SPSS software (SPSS Inc., Chicago, IL, USA) standard version 17. The p values of <0.05 were considered statistically significant for differences in mean using the least of significance difference, and data were reported as mean±standard deviation.

3. Results

3.1. Antioxidant Activities of Experimental Groups

Table 1. Shows a decline in GSH level with diabetes induction. This was observed to be restored on treatment with the standard commercial drug and single dose (200 mg/kg bw) of *N. laevis* respectively. A much reduced level was also observed on treatment with double dose (400 mg/kg bw) of *N. laevis*. On normal rats, single dose of *N. laevis* brought about a reduced level, while an increased activity was noticed in the double dose administered group.

Table 1. Antioxidant activities of experimental groups.

Groups	GSH	SOD	Catalase
Group 1	0.4±0.05	1.89±0.03	15.58±0.50
Group 2	0.37±0.01	1.78±0.10	12.37±2.00
Group 3	0.43±0.03	2.10±0.20*	14.70±5.20
Group 4	0.49±0.02	2.42±0.30*	14.20±3.00
Group 5	0.27±0.02*	1.45±0.10*	11.09±2.80*
Group 6	0.35±0.05*	1.79±0.20	15.03±2.50
Group 7	0.56±0.01	2.27±0.10	14.52±2.30

Values=mean±SD U/mg pro; n=6. *Statistically significant (p < 0.05) as compared to group 2.

Table 1 also indicated that diabetic rats that were not treated had decreased SOD and catalase activities. These were significantly (p < 0.05) restored on treating the rats with the standard commercial drug and single dose of *N. laevis* respectively. Treating the rats with double dose of *N. laevis* resulted in reduced activities. Administration of 200 mg/kg bw (single dose) of *N. laevis* caused a reduced SOD but high catalase activities in the rats that were not diabetic.

3.2. Lipid Peroxidation

Figure 1 shows there was significant (p < 0.05) rise in lipid peroxidation with induction of diabetes. Group treated with standard commercial drug showed increased level. However, administration of single and double doses of *N. laevis* caused a significant (p < 0.05) decrease respectively. Reduced levels were also observed on administration of both doses to normal rats.

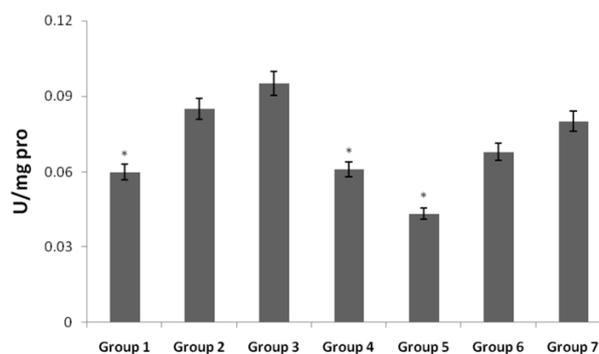


Figure 1. MDA levels of experimental groups. Values=mean±SD; n=6. *Statistically significant (p < 0.05) as compared to group 2.

3.3. Serum Biochemical Analysis

Induction of diabetes caused an elevation in the amount of ALT, AST and ALP in the serum as depicted in figure 2. These were shown to decrease on treating the rats with standard commercial drug and single dose of *N. laevis* respectively. Treating the rats with 400 mg/kg (double dose) of *N. laevis* had no significant outcome on the elevated levels. When administered to normal rats, double dose of *N. laevis* was observed to cause an increased amount of the hepatic biomarkers.

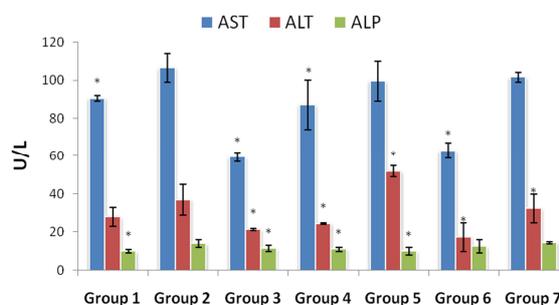


Figure 2. Effect of aqueous extract of *N. laevis* on hepatic biomarkers in blood serum of experimental rats. Values=mean±SD; n=6. *Statistically significant (p < 0.05) as compared to group 2.

4. Discussion

Several studies have emphasized the part oxidative stress play in the manner of development of diabetes mellitus and the complications associated with it. [27]. These complications are ascribed to unrestrained elevated amount of free radicals with glucose oxidation that were reported to be the main culprit that gave rise to a concurrent decrease of the antioxidant protection system. The liver is seriously influenced or touched during diabetes, because of its pivotal and critical part in glucose and lipid homeostasis [6]. In this research, the changes caused as a result of administration of *N. laevis* aqueous ethanolic extract on diabetic – induced hepatotoxicity was investigated. The reduced GSH activity and increased lipid peroxidation in the hepatic tissues of diabetic rats that were not treated was an indication that they were stressed due to oxidation. GSH has been reported to be the major endogenous antioxidant and directly involved in the neutralization of ROS [28, 29]. It also participates in maintaining exogenous antioxidants in their reduced (active) forms [28]. Lipid peroxidation (LPO) often open on to production of oxidant from numerous molecules, thereby increase destruction caused by oxidation and has been implicated in diabetes mellitus [30]. GSH and LPO are markers of oxidative stress [31]. Therefore, the observed increased activity of the GSH and lower amounts of LPO in *N. laevis* single dose treated diabetic rats indicates that the extract had antioxidant protective potentials. The increase in the activities of SOD and catalase (additional researched) antioxidant biomarkers that was noticed in single dose treated diabetic rats further portrays its antioxidant potency. The activities of SOD and catalase has been shown to decrease as a result of oxidative stress [32]. These enzymes are mostly effective in maintaining the physiological amount of hydrogen peroxide and oxygen through getting rid of organic peroxides and hydro peroxides and acceleration of dismutation of oxygen radicals produced from oxidation of glucose [33]. The reduced activities of these biomarkers in the double dose *N. laevis* treated diabetic rats portray an enhanced oxidative stress. Thus, implying that *N. laevis* may possess pro-oxidant activities in diabetics at higher concentrations. The reduced activities of the biomarkers on administration of single dose of *N. laevis* to normal rats indicates its effects on hepatic tissues.

When hepatocellular injury occurs, there is raise or increase in the activities of ALT, AST and ALP [34]. In our investigation, induction of diabetes led to an increased activity of the studied hepatic biomarkers in blood serum, suggesting an incidence of hepatic injury. When cellular damage occurs, there is let out of these enzymes from the cytoplasm into the blood transmission which is probably the reason for the increased activity of the enzymes and this is peculiar to oxidative stress as indicated in numerous investigations. [4, 6]. The reduced activities in rats administered single dose of *N. laevis* indicate the protective effect of the extract against diabetic – induced hepatic injury. Research has indicated that ethanolic extract from *N. laevis*

stem and leaves had similar result when used in treatment of diabetes [6].

The increased activity in the double dose further implicates treatment with the extract at higher concentration as a pro-oxidant and therefore may not be recommended. These corroborate with the above observed antioxidant effect of both doses respectively. The increased activities of these enzymes after administration of double dose of the extract to normal rats reveals the hepatocellular effects of *N. laevis* in healthy animals at higher concentration.

5. Conclusion

The result obtained from this study indicate that aqueous ethanolic extract of *N. laevis* leaves possess hepatoprotective properties that could suppress oxidative stress related complication in diabetes. This is evidenced by its antioxidant protective ability against rise in oxidative stress and hepatocellular injury in hepatic tissues of rats induced with diabetes. However, there is need for further investigation on the bioactive components responsible and mechanisms of action for a more conclusive result.

Conflict of Interest

All the authors do not have any possible conflicts of interest.

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